Monday, September 21st, 2015

World Alzheimer’s Month 2015
Remember Me

Project: Activaction in Italy of the “Laura Sperandio” National Exercise System in the Prevention and Therapy of NCDs, Alzheimer included,

Castagnaro – (Verona - Italy) – Hall “Don Stefano” – Centro Giovanile - 9:00: pm

Public conference

ALZHEIMER.
From Metabolic Demand at rest (\(\dot{V}O_2\)) to Brain Atrophy: Important Anti-Progressives Effects of Innovative or Appropriate or Specific (*) Physical Activity.

Speaker: Ginetto Bovo

(* = The scientific basis of innovative or appropriate or specific physical activity in the prevention and therapy of Alzheimer’s Disease and NCDs in the molecular age.)
AIM
To activate in Italy as well in all world countries a courses on innovative or appropriate or specific physical activity (*) in the prevention and therapy of Alzheimer’s disease.

The current prescription of exercise has definitively moved from empiric to scientific model to applied in the prevention and therapy of the Alzheimer’s disease

(click here http://digilander.libero.it/bovoginetto/QualitativeScientificPrescriptionAlzheimer.pdf ) and in al non- communicable diseases (NCDs) .

FIRST OF ALL I INVITE TO JOIN THE CONFERENCE
Mr. XAVIER BETTEL
PRIME MINISTER OF LUXEMBOURG AND PRESIDENT OF THE EU
2nd SEMESTER 2015, TO LEARN THE SCIENTIFIC BASIS OF A MODERN EXCITING EXERCISE POLICY TO PUT INTO ACTION PROGRAMME IN THE PREVENTION AND THERAPY OF DEMENTIA. THE 2015 LUXEMBOURGHESE PRECIDENCY OF THE EU HAS GIVEN ABSOLUTE PRIORITY IN THE EUROPEAN AGENDA TO THE POLICIES ADDRESSED TO COMBACT ALZHEIMER AND OTHER NCDs IN A HEALTH GLOBAL VISION.

AND I EXTEND ALSO AN OFFICIAL INVITATION OF ATTENDANCE TOO:

Policymakers and European Ministers with an institutional public involvement in exercise (Graziano Delrio, Italian Minister of exercise, Ufficio dell’Esercizio Fisico della Presidenza italiana del Consiglio dei Ministri (NB: erroneamente denominato “Ufficio sport”), Androuilla Vassiliou, European Commissioner of exercise; Members of European Parliament Unite for Dementia Cause, European Alzheimer’s Alliance ect…); stakeholders and organizations involved in a policy of global health (United Nations, World Health Organization, Copenhagen School of Global Health, NCD Alliance, Global Health Policy Center, Princess Ghida Talal, ect…); national and international associations of Alzheimer’s Disease ( Alzheimer’s Disease International, Alzheimer Europe, Alzheimer’s Association, Alzheimer’s Foundation of America, Federation of European Neurosciences Society, European Working Group of People with Dementia, ect… ); exercise scientists (physiologists, biochemists, immunologists, molecular, cellular and chemistry physiologists); scientific organizations attacted in practical utilization of the theoretical knowledge of exercise sciences in the field of prevention and therapy of NCDs (International Group on Biochemistry of Exercise, European College of Sport Science, International Society of Exercise Immunology, Nobel Committee for Physiology and Medicine, Centre of Inflammation and Metabolism, International Council of Sports and Physical Education, Australian Council for Health, Physical Education and Recreation, University of Copenhagen, Department of Health, Copenhagen Muscle Research Centre, Scandinavian Exercise Physiological Society, American Alliance for Health and Physical Education, American Physiological Association, Society of Chinese Scholars of Exercise
In addition, are warmly invited all persons aware for a better and longer life and interested to counteract the global dramatic incidence of AD (see below figure) with a dream to become a reality a world without Alzheimer.

Ginetto Bovo
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Source: Alzheimer’s Disease International (ADI) – The Global Epidemic